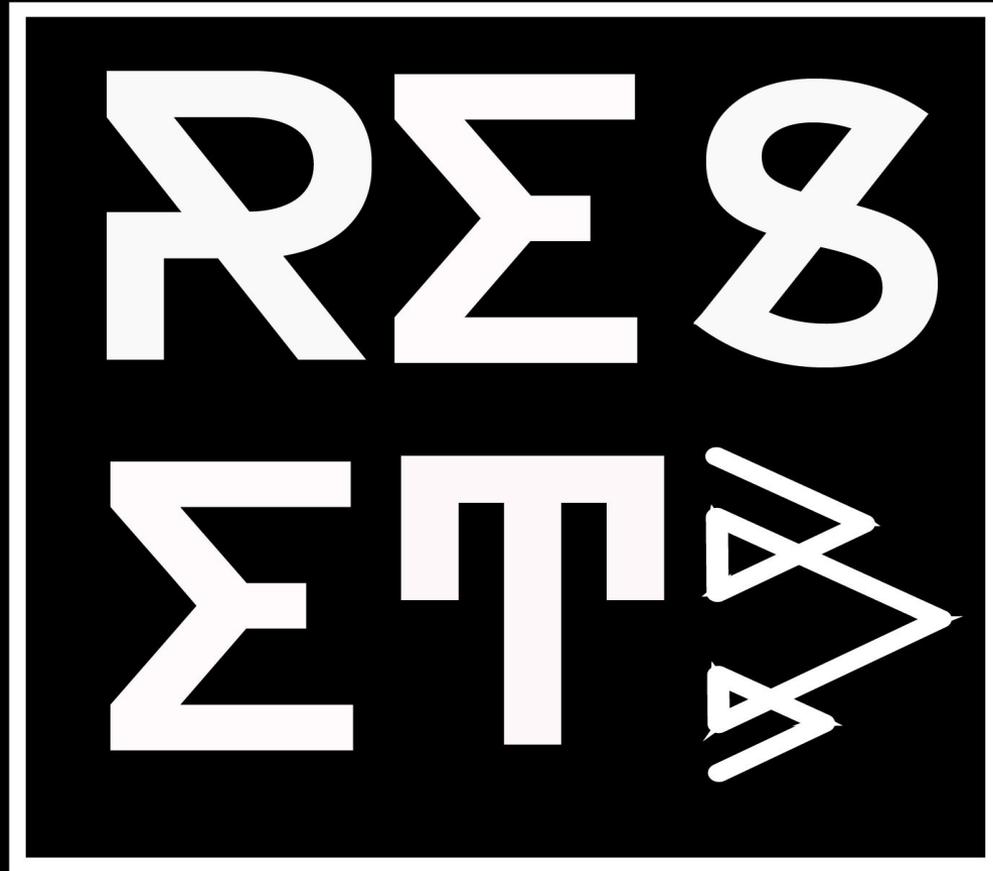


A SOFT

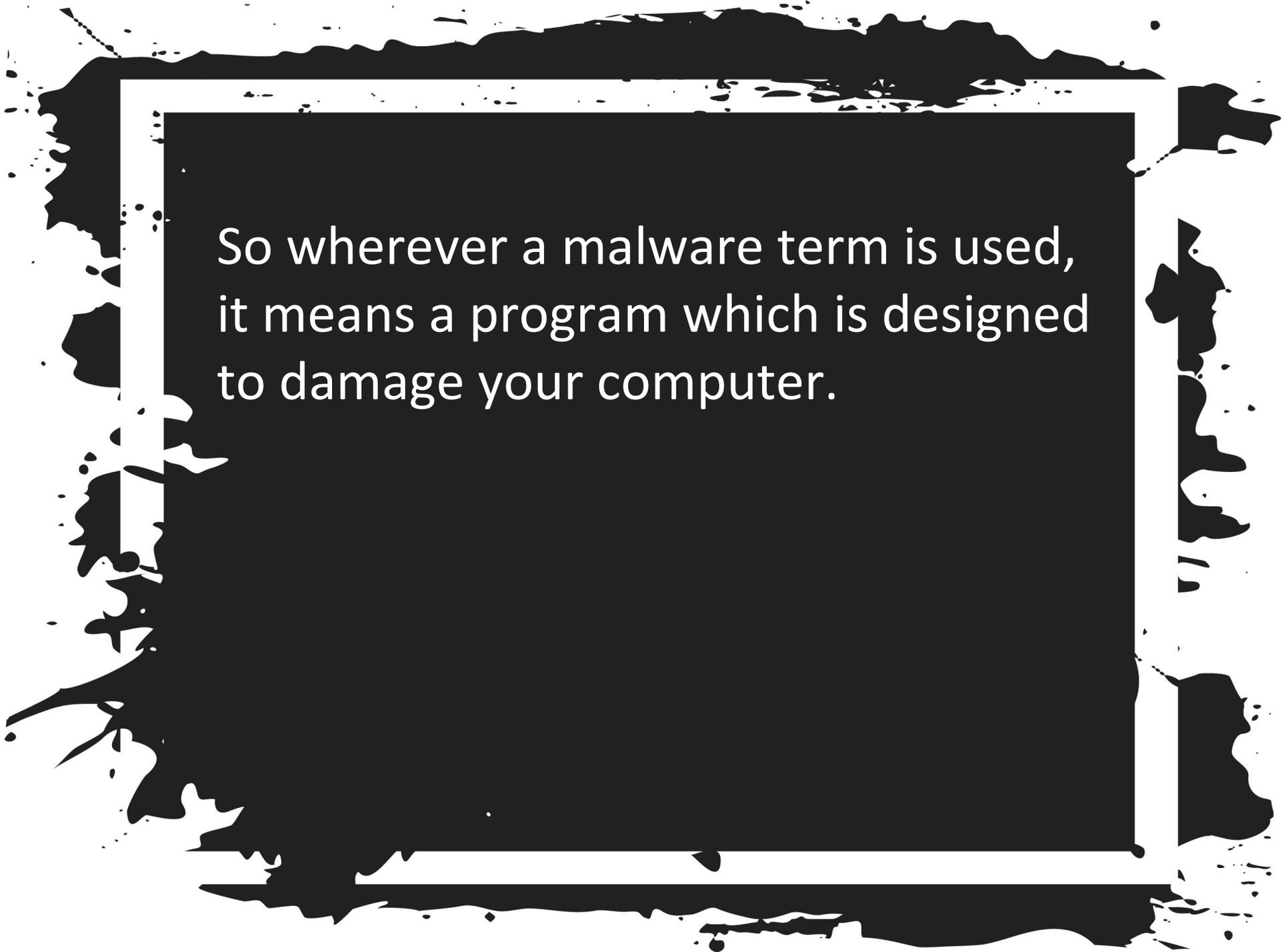


2 Cor.7:1 NIV

Therefore, since we have these promises, dear friends, let us purify ourselves from everything that contaminates body and spirit, perfecting holiness out of reverence for God.

What is malware?

"Malware" is short for malicious software and used as a single term to refer to virus, spy ware, worm etc. Malware is designed to cause damage to a stand alone computer or a networked pc.



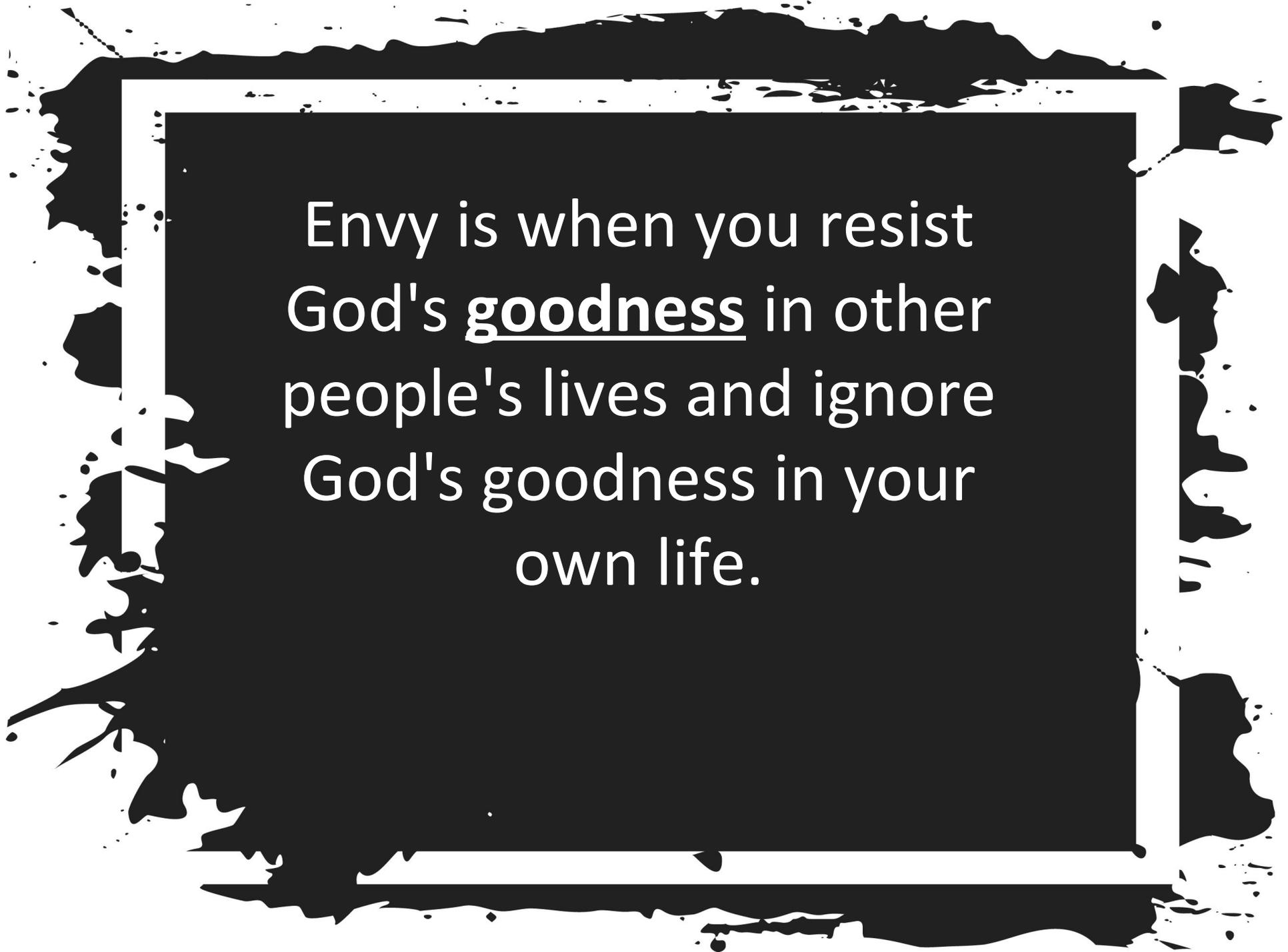
So wherever a malware term is used,
it means a program which is designed
to damage your computer.

I. The malware of envy._

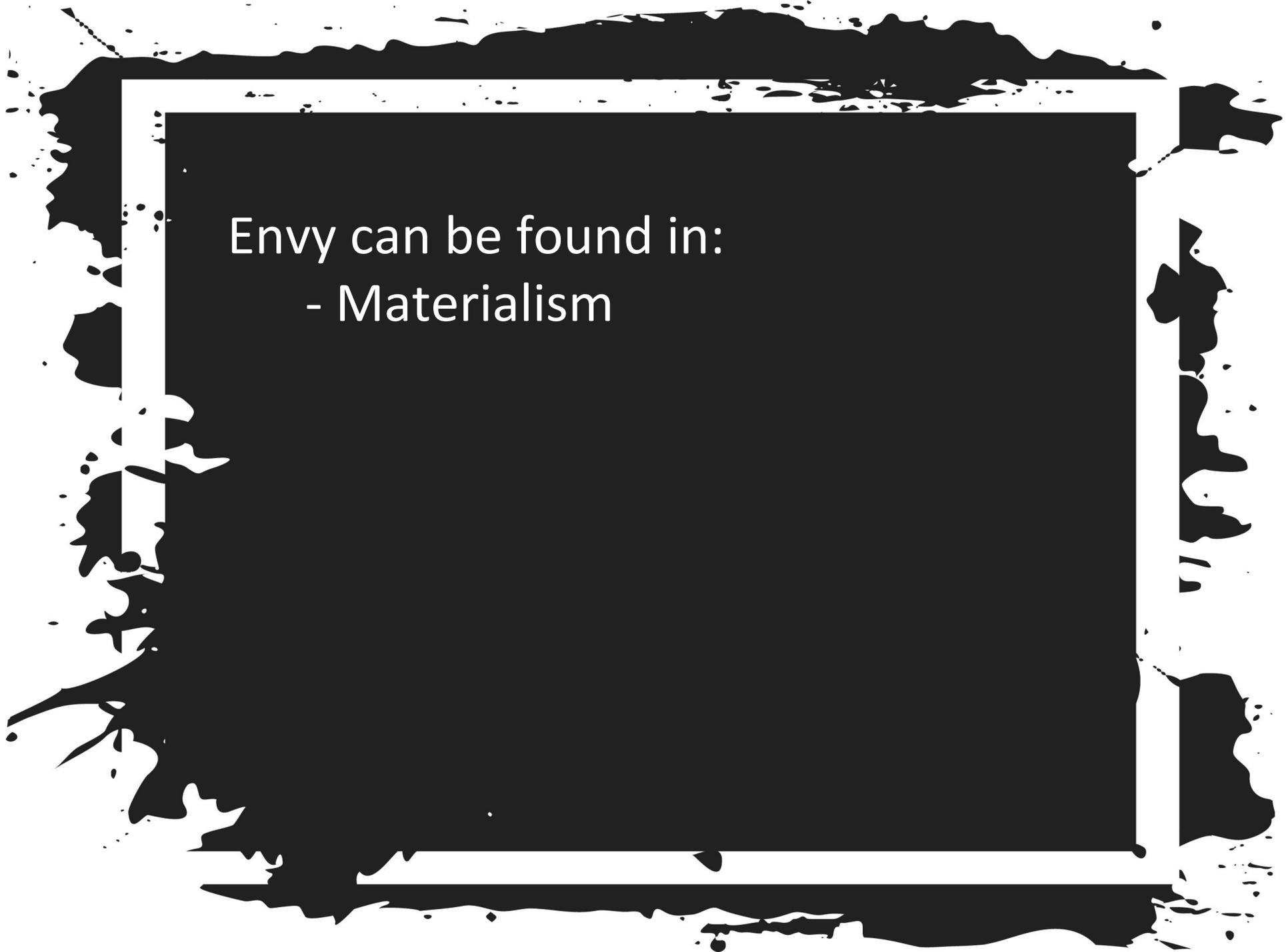
Envy defined – A greedy or prideful longing for something that belongs to another, even intangible, such as a skill.

Deuteronomy 5:21 NLT

²¹ “You must not covet your neighbor’s wife. You must not covet your neighbor’s house or land, male or female servant, ox or donkey, or anything else that belongs to your neighbor”.

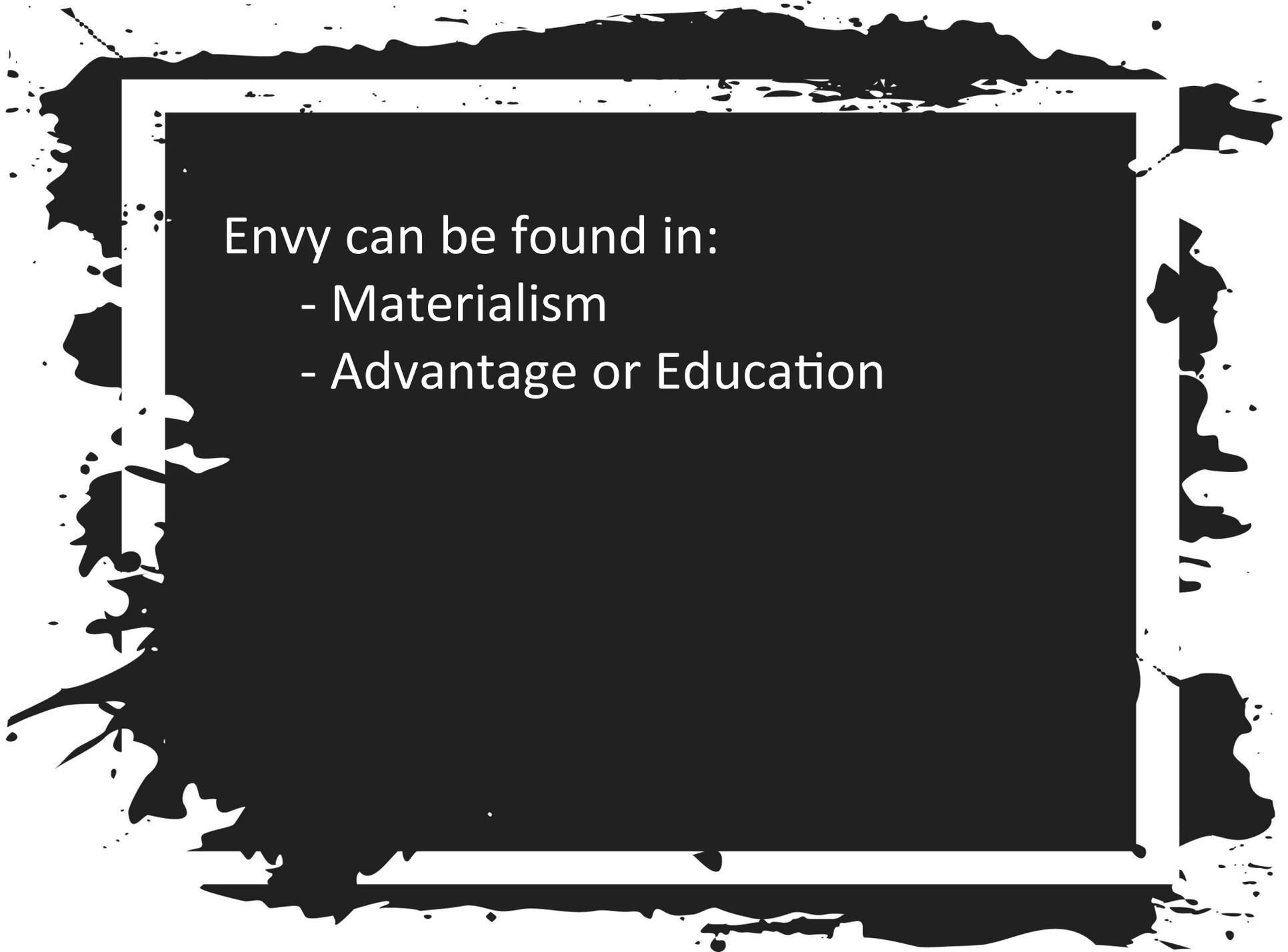


Envy is when you resist
God's goodness in other
people's lives and ignore
God's goodness in your
own life.



Envy can be found in:

- Materialism



Envy can be found in:

- Materialism
- Advantage or Education

Envy can be found in:

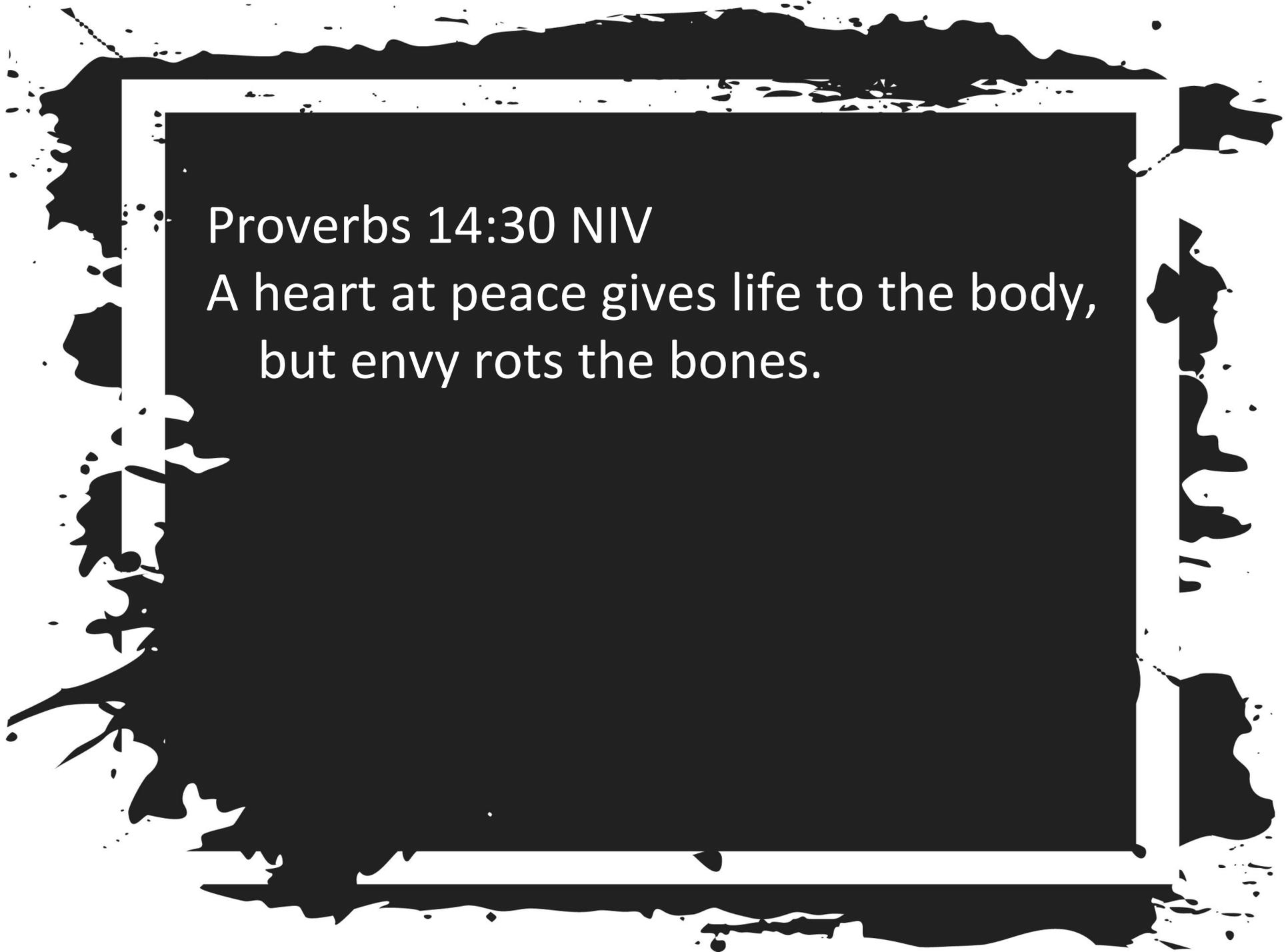
- Materialism
- Advantage or Education
- Appearance

Envy can be found in:

- Materialism
- Advantage or Education
- Appearance
- Relationships

Envy can be found in:

- Materialism
- Advantage or Education
- Appearance
- Relationships
- Children



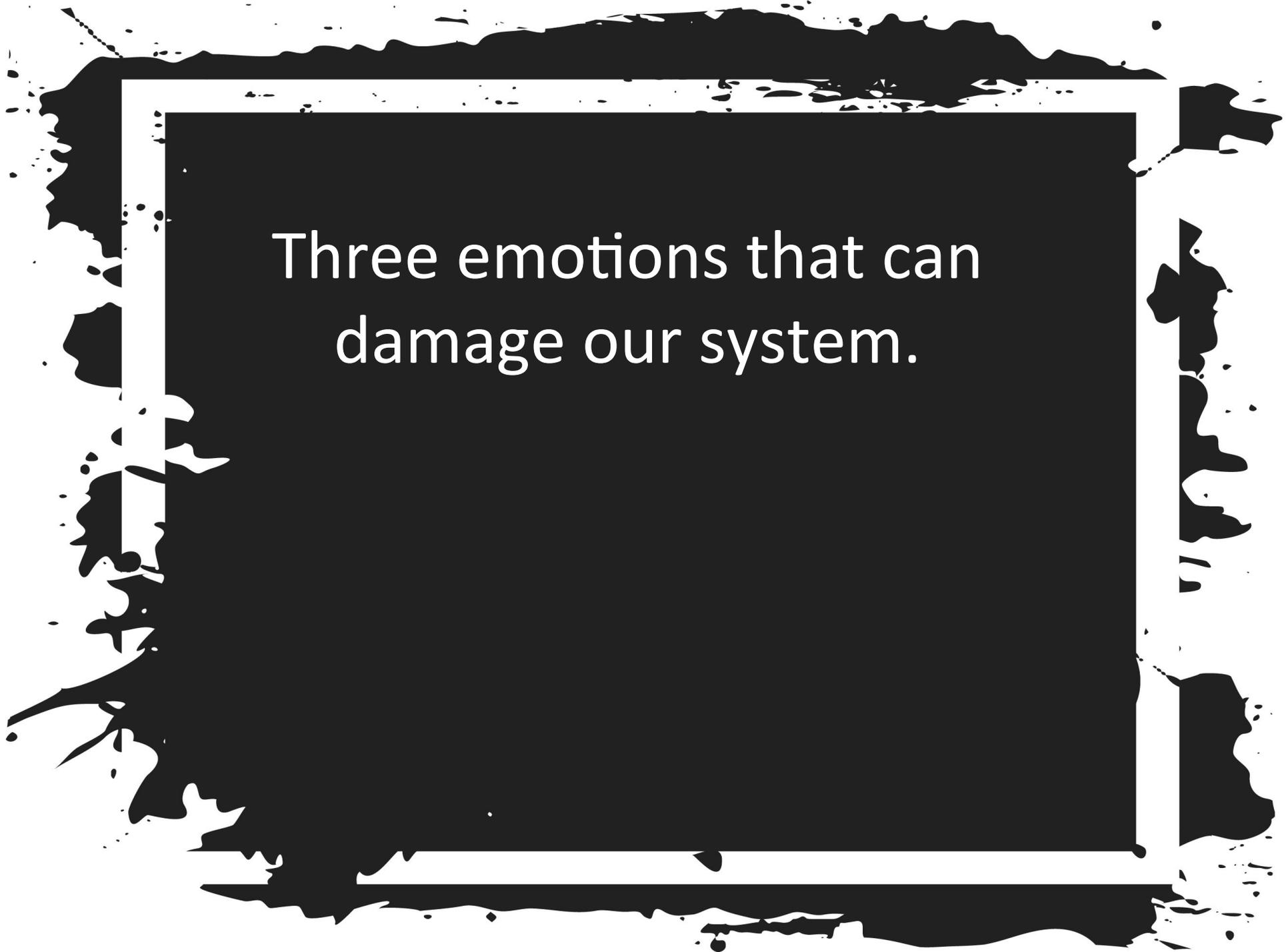
Proverbs 14:30 NIV

A heart at peace gives life to the body,
but envy rots the bones.

II. The malware of damaging emotions.

Ps. 42:5a ESV

Why are you cast down, O my soul,
and why are you in turmoil within
me?



Three emotions that can
damage our system.

- Hurts from the Past.

Lamentations 3:19 NIV

I remember my affliction and my
wandering,
the bitterness and the gall.

- Trouble in the Present.

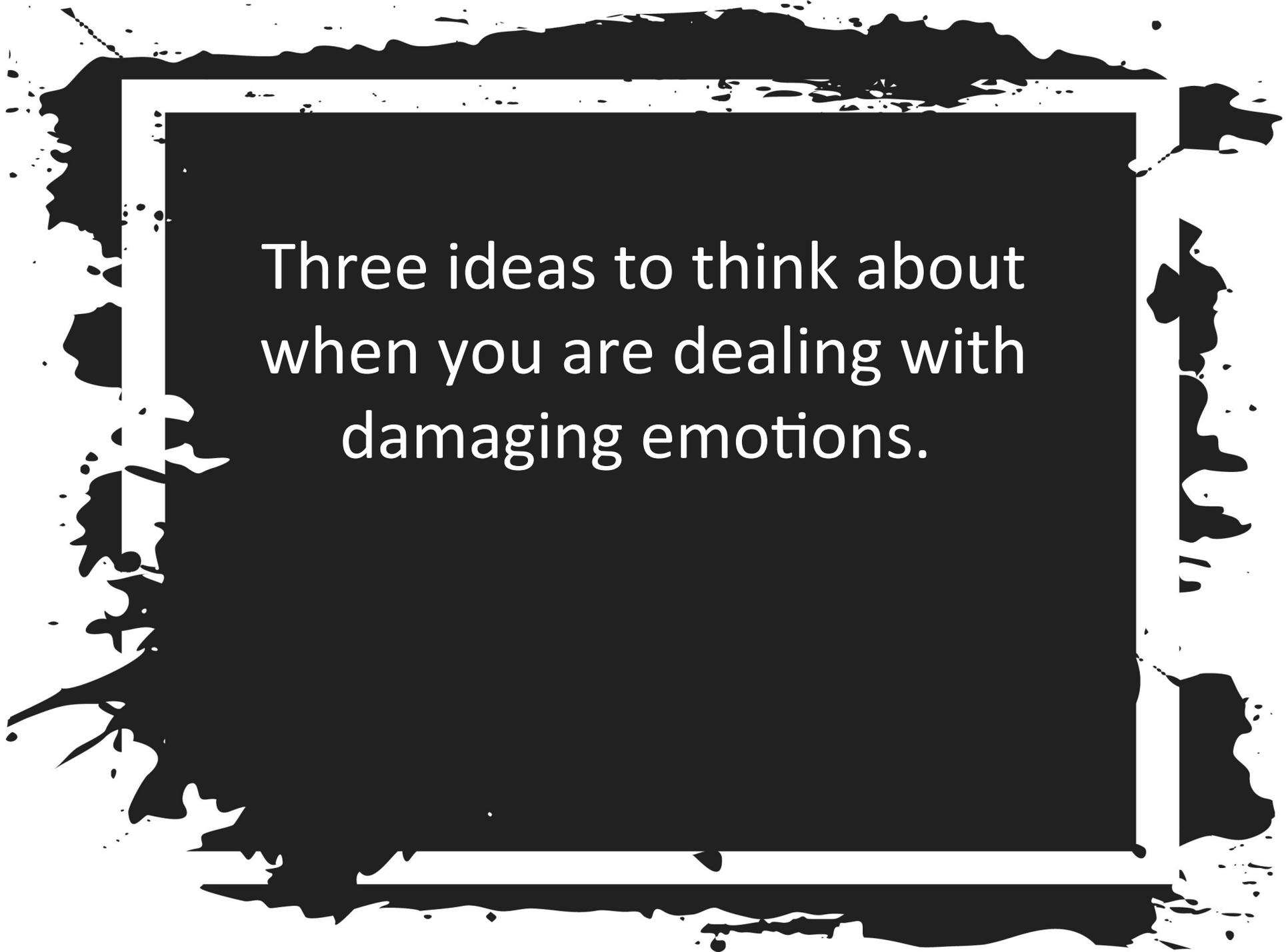
Job 4:5 NIV

But now trouble comes to you, and
you are discouraged;
it strikes you, and you are
dismayed.

- Anxiety about the future.

Mark 14:33-34 NLT

³³ He took Peter, James, and John with him, and he became deeply troubled and distressed. ³⁴ He told them, "My soul is crushed with grief to the point of death. Stay here and keep watch with me."



Three ideas to think about
when you are dealing with
damaging emotions.

1. Remember God's
faithfulness in the past.

Lamentations 3:19-23 NIV

¹⁹ I remember my affliction
and my wandering,
the bitterness and the gall.

²⁰ I well remember them,
and my soul is downcast
within me.

²¹ Yet this I call to mind
and therefore I have hope:

²² Because of the Lord's great
love we are not consumed,
for his compassions never
fail.

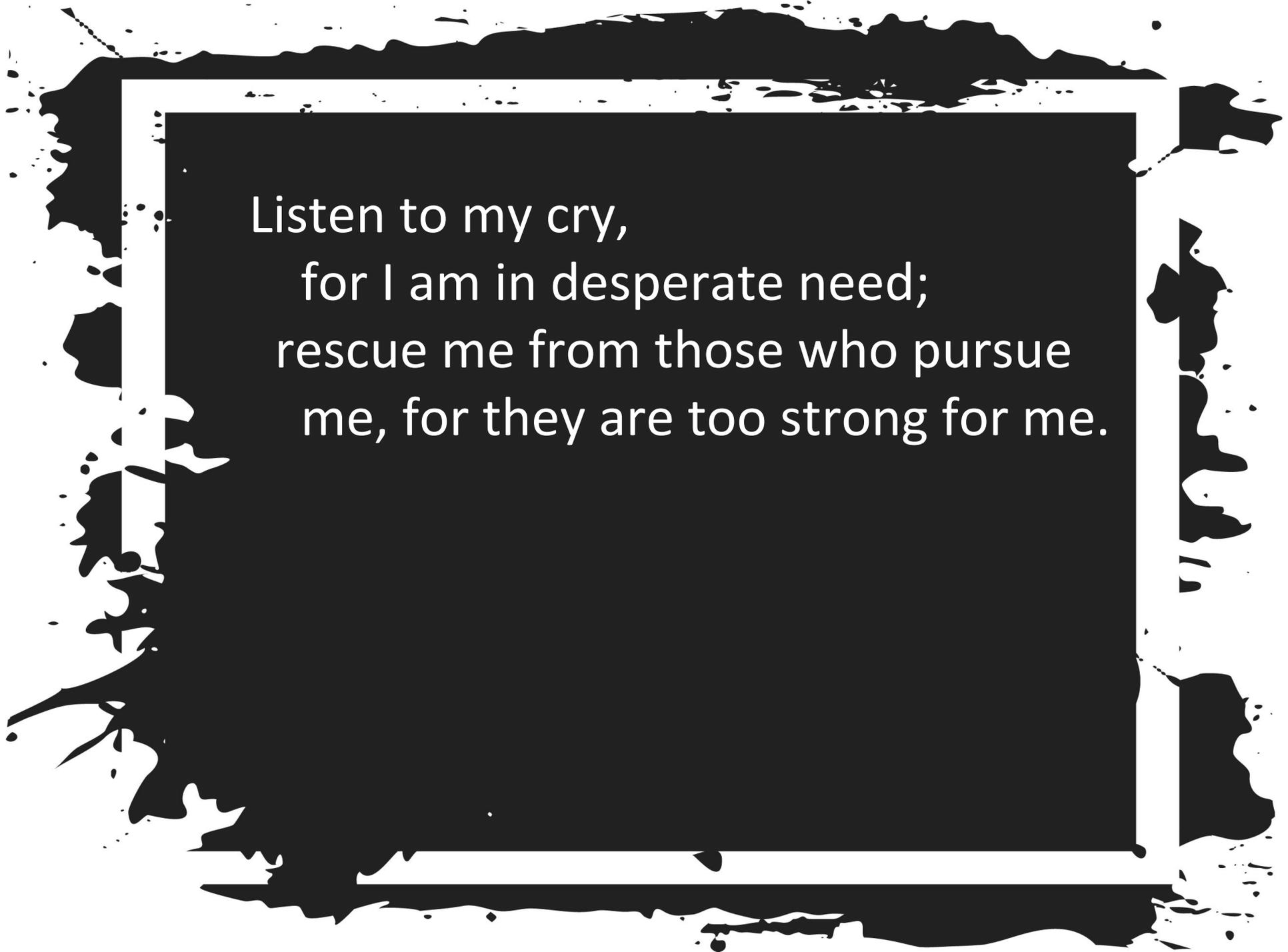
²³ They are new every morning;
great is your faithfulness.

2. Cry out to God in the Present.

Ps. 142:2, 5-6 NIV

I pour out before him my
complaint;
before him I tell my trouble.

I cry to you, Lord;
I say, "You are my refuge,
my portion in the land of the
living."



Listen to my cry,
for I am in desperate need;
rescue me from those who pursue
me, for they are too strong for me.

3. Trust in God's power for the future.

2 Chronicles 32:7-8 NIV

⁷ “Be strong and courageous.

Do not be afraid or discouraged because of the king of Assyria and the vast army with him, for there is a greater power with

us than with him.⁸ With him is only the arm of flesh, but with us is the Lord our God to help us and to fight our battles.” And the people gained confidence from what Hezekiah the king of Judah said.